

Tivoli Swim Club Inc. coaches at swim meets

As there are numerous swim meets on offer throughout any given season that our members can enter and attend, our coaches, in a voluntary capacity, cannot be expected to travel, incur the associated costs and be present at all of these, to support and assist our swimmers.

Coaches will attend the following meets:

- All Tivoli based events, i.e. Club nights, TT meets, Summer and Winter Club Championships.
- METSEA Summer and Winter Championships
- Sydney and University Open Championships
- Metropolitan Summer and Winter Championships
- State Age/Open Summer and Winter Championships
- National Age/Open Championships
- State and National Open Water Championships

NB. As the above-mentioned meets hold AM and PM sessions, where the Club may only have one competitor in a particular session, then the Coach will not be expected to attend. They will therefore liaise with the swimmer (and their parent/s) as to what they will do, both in the warm up and as a focus goal within the race itself.

In the event of other targeted meets, as deemed important by the coaches, that arise throughout the year, coaches will only be in attendance if numbers justify this. A minimum number of 6 swimmers is required for a coach to attend these meets.

The coach will advise all swimmers of any upcoming meets and their attendance. It is the responsibility of the swimmer to ensure they have a full understanding of their warm up, race plan and swim down for their respective events, particularly if the coach is not in attendance. This will also allow the coach and swimmer an opportunity to establish a pre and post event/feedback briefing. As part of this discussion, a simple goal will be agreed upon for the athlete, to ensure their race/s has a specific purpose.

We do ask that any swimmer who needs to withdraw from an event, that they please inform their coach and try to provide them with as much notice as possible.